PRINCIPAL'S NEWS
OLYMPIC FUN DAY TOMORROW
A fun day to celebrate the fabulous learning around our Olympic theme is almost here. We hope to see you join us for the fun. The day begins at 9.15am and concludes at 1.30pm. Morning tea will be at 11am. Bring a plate to share. Toga wearing is encouraged but NOT compulsory. Children are to wear casual sports clothing and running shoes. Most of the activities will be in the playgrounds near the basketball court. Call in for short or longer time throughout the day to cheer on our “athletes” as they give it a “red hot go!”.

TEACHER APPOINTMENT
Following an extensive selection process, Rebecca Gaylard has been appointed to the vacant 0.4 teaching position for the remainder of 2016. The staff and wider Forrest School Community welcome Rebecca to our team and look forward to working with her over the next four months. She is with us on Thursdays and Fridays. Please make yourself known to her when you next call into the school/centre.

STUDENTS ART EXHIBITION
As part of our Community Arts Projects Program, this year we will be holding an Art Exhibition of student work on Thursday September 8th in the Forrest Hall at 3pm and also at 6.30pm. Please mark this date in your diary and let other interested persons know of this upcoming event. More details to follow in coming weeks.

SCHOOL COUNCIL NEWS
On Monday, school council held it’s August meeting. Matters discussed included follow up discussion about the Digital Tattoos Workshops, new school logo plans, Writers Workshop report, tree maintenance report, outside decking plans, Forrest War Memorial update, and parent payment policy review. School council also adopted a Child Safety Standards Policy which included a Child Safety Policy, Code of Conduct and Child Protection — Reporting Obligations policy. This policy is a department initiative safeguarding children and young people state-wide. Our policy will be found on our school website soon or you can obtain a copy from the school office.

BUS TRAVEL REMINDER
Children who are NOT regular eligible bus travellers wishing to use the service require parents to make contact to the school office for permission beforehand. This can be done by phone or a written note. Eligible bus travellers have priority and at various times, spaces on the bus are limited. As the bus coordinating school it is our legal requirement to approve / not approve all “additional” bus travellers. We will endeavour to accommodate special requests as best as possible however early notification would be appreciated.

FORREST KIDS GO BUSH
We had lots of fun at Forrest Kids Go Bush especially in the muddy zones as the picture in Lena’s report can attest. Happy to report that the remainder of our school grounds are finally drying out which is allowing our students more choices to play in. Hope you enjoy the remainder of the week.

UPCOMING EVENTS
AUGUST
18th—Olympics Fun Day. 9.15am start
22nd - SSP Badminton @ 3.30pm No. 5
26th — Special Assembly: Gr 3—6 class
29th - SSP Badminton @ 3.30pm No. 6
SEPTEMBER
5th- SSP Badminton @ 3.30pm No. 7
8th — Student Art Exhibition Day 1
9th — Student Art Exhibition Day 2
12th — School Council Meeting
16th — Last Day of term 3 2.30 finish
OCTOBER
3rd — First Day of Term 4
3rd — Carnival of the Animals Workshop at Forrest Hall
5th — COPACC Excursion—Carnival of the Animals performance
Glorious! Last Wednesday, the Outdoor Classroom provided students with opportunities to partake in activities that challenged them socially and pushed the learning boundaries for some students. The Junior Room students worked together to make God’s eyes out of bush sticks and wool. These are not easy to make yet the process is so rich as the kids were helping each other out, especially when frustration was close. We are going to exhibit these as a class display at the Art Exhibition. They look absolutely beautiful.

The TRIBES activities went well with a lot of excitement around the memory games and the stepping stones activity. As a class we reflected on the activities and acknowledged that team work and communication is hard work and things don’t always go our way. I hope your children had something to share about the day. Thanks to Mr Donahoo and the Senior Room kids for their awesome work.

Forrest Kids Go Bush was terrific last week. Shelter, path building and trial and error were very popular with the students. A tarp was constructed to provide a refuge from the rain and a magnificent stone path was made to access the cubby and a million wonderful ideas were tossed around. I do think our students are very lucky to interact in such a nature based play environment.

No Forrest Kids Go Bush this Thursday. Take a week off from washing those overalls! Hope to see you Thursday at the Mini Olympics.

Kind Regards,
Kaz Standish

LEARNING EFFORT: MADDY PAIN
For her fabulous work learning all her Magic words and contributing to discussions about the Olympics!

LEARNING BEHAVIOUR: CASSIA JONES-VERMEEND
For doing incredible thinking during our Writer’s workshop session. Excellent seeds Cassia!

Helping Hands
Noah for helping get a ball out from under the sports cage.
William H. for readily volunteering to do extra jobs in and outside the classroom.
Learning how bodies work by dissection

As part of our study of the human body, last week we were very lucky to have Georgie Seebeck come and work with children to dissect sheep's organs. We had 5 sets of Brains, heart and lungs (attached), kidneys and liver. Georgie who is a Vet, spoke with the children about each organ, answered questions and suggested how they may go about exploring the organs. Children then broke up in groups to respectfully look at each organ. They were able to dissect with scissors and knives. They used straws to blow up sections of lungs, cut the trachea to see where it leads, follow major blood vessels from the heart, dissect and explore the heart, cut kidneys to understand how blood is filtered to urine and dissect the lobes of the liver.

I have never seen children so engaged in learning, they were ALL utterly absorbed and fascinated by this experience. It will add a whole new meaning to their own health and and will greatly assist them in the study of human body during the rest of the term. This will be one of the experiences children will look back on and remember from their primary school days.

LEARNING EFFORT: Kohima Sprunt
For entertaining us with his great poetry writing skills.

LEARNING BEHAVIOUR: Henry Seebeck
For maintaining a very positive attitude towards his learning and for being very happy!
Welcome back
Welcome back to Betty and her family—just as the weather turns a bit warmer and sunnier; let’s hope it’s going to last too. Vicki should be back this week too, which is great! Thanks to all the educators who have done relief work during this term.

Bugs
Many of the children haven’t been feeling 100 per cent. We’ve had a number of children with colds and runny noses, and Di was sick with a tummy bug. Hopefully this week will be better…and remember to wash those hands…..

The Olympics
We will have the Olympics as a focus over the next couple of weeks, and will do some fun activities in relation to them. Last week we talked about the Olympics and the athletes competing from all over the world. We looked at some Wattle that was flowering and the children learnt that the Wattle is what the Australian colours of green and gold represent. We found Brazil on the globe and talked about flags. Then the children got to choose a flag to colour in.

Bush Program
Still lots of mud and water to play in at the bottom of the bush kinder area... Fox learnt how it feels to get completely stuck in a mud and water puddle. He had help from two educators to get out. Thanks to Kerryn for helping Fox change his muddy clothes.

There is NO Bush Program tomorrow because the older children are having an Olympics Day (we might join in too)

Library
Please send the books back every Friday if you want your child to exchange what they’ve borrowed.

Lena Collopy
Preschool Teacher

DATES TO REMEMBER

Fri 16/9 Excursion to Colac Hospital – meeting at 9:30 am.
Fri 16/9 Last day of Term II.

SUPER SCIENCE FACT

92.5% of an Olympic gold medal is actually silver!
WELCOME BACK VICKI!!!!!!

Vicki has returned to work (on crutches!) and has got straight back into looking after the children. Erika Swaneveld will still assist with After School Care until further notice.
Should you wish to book your child in for Child Care or After School Care, please contact the School Office to confirm.

WELLBEING WORKER NEWS
OTHER ANNOUNCEMENTS

**Are You Right Mate? MEN’S NIGHT**

Guest Speaker
Robert ‘Dipper’ Dipierdomenico

Wednesday 31st August

Following on from the success of previous years’ even only events, we invite all mates to attend ‘Are You Right Mate?’

Come together with mates from your local community, enjoy a free meal and hear from a fantastic speaker.

Bring a mate, a family member, a neighbour, someone new to the area – any mate who would enjoy a local night out.

‘Are You Right Mate?’ 2016 is proud to be a part of the Land Over the Farm Gate campaign. Thanks to funding from our amazing sponsors there is no charge to attend this great social outing.

A BBQ tea will be provided, and drinks available at bar prices.

For catering purposes, please book your place by phoning the Lismore Community Health Centre on 5555 3060.

**reel health**

**International Short Film Festival**

*Featuring a selection of captivating short films from all over the world, reel health showcases stories of courage and inspiration, brimming with hope, strength, friendship and survival.*

**Date:** Wednesday 31st August 2016

**Time:** 6.30pm for a 7pm screening start

**Venue:** Colac Cinema - Cnr Gellibrand St & Rae St, Colac

**Bookings essential:** [https://www.trybooking.com/1E1W](https://www.trybooking.com/1E1W)

**Information:** Erin McClusky

Ph: 5232 5347 E: EMcclusky@cah.vic.gov.au

Monday 5 September  6-7pm

**Fermented Foods**

What is Kim Chi? How do you look after your scobi? Fermented food are great for your gut health and wellbeing. Taste test a range of foods and drinks, learn how to cultivate Kombucha & Kefir and take one home.

Bring a 375ml jar and a sense of adventure.

Cost $10 Bookings for catering appreciated by Wed Aug 31

Monday 12 September  5.30pm

**Biz Knowhow Info session**

Do you run a small business but think it might be running you?

Or are you thinking of starting one from home?

Come along and find out how we can help you with a course of sessions delivered locally.

**Produce currently available:**
- Lemons
- Silverbeet
- Eggs

Donations welcome, pop in and grab your produce today!
OTHER ANNOUNCEMENTS

**BRING IT ON THE MUSICAL**

TRINITY COLLEGE PERFORMANCE @ COPACC

Wednesday 17th AUGUST, 7:30pm; Thursday 18th AUGUST, 7:30pm; Friday 19th AUGUST, 7:30pm & 9:30pm

Tickets: Family $60, Adult $35, Student/Child $15

**FREEZA PULL START COMP**

Funded through the FREEZA Program, a Victorian Government Initiative

Come and see some of the best of our local musicians compete for a spot in the Regional Finals

**Friday August 26th**

Supported by

Vita Medley

**WEAR IT PURPLE DAY 2016**

All door money will be donated to "Wear it Purple" to show your support for the GLTRI community

Headliners

sisters doll

and

The Fine Alive

**SURF COAST CENTURY KIDS RUN**

5:00pm, Friday 2 September 2016

ANGLESEA RIVERBANK PARK

Kids will love running this 1km loop around the Anglesea River finishing in the finish chute of the Surf Coast Century!

For more information contact Emma Martin on 0411 31 6912

**INDOOR REBOUND SOCCER & NETBALL**

Open to Girls and Boys for all Sports!

**REGISTER** individual or team entries.

**SOCCER Competition:** Grades 1 & 3, and 3-6. Scheduled matches, 6 to a side, starting Monday 5 September then 11 weeks plus finals. Season cost $110.00.

**STRIKERS:** Preps Grade 1 & 2s. Skill based soccer drills followed by a game. Starting Thursday 6 October, 40 minute sessions and runs for 9 weeks. Cost $50.00.

**NETBALL Competition:** Rebound for Grades 2-4 & 4-6. Scheduled matches, 6 to a side, starting Friday 2 September for 9 weeks plus finals. Cost $45.00.

**TEEN** Hot Shots Coaching for all grades.

Call Paul on 52314788 at Colac Indoor Sports Centre or text 0425792949.
OTHER ANNOUNCEMENTS

What would you like to see in Forrest? And what priority would you give it?

If you have a big idea for Forrest—or a small one—come to the public meeting on Sunday 4 September, 3pm at the Forrest Hall, tell us what it is, and cast a vote.

The Forrest and District Community Group is hosting the meeting to find out what our community would like to see happening here, including infrastructure projects as well as social ones. The more popular ideas raised at the meeting will feed into an updated Forrest Community Infrastructure plan, which will be used to support funding applications to Council and other levels of government over the next few years.
Some ideas that will be discussed include:
• Building a neighbourhood safer place on the Forrest DELWP office blocks, to use as a place of last resort in a bushfire
• Sewerage for Forrest
• Signage

The Community Group wants you to think BIG—Forrest will soon have high-speed broadband and this could open completely new opportunities for our community. What could these be?

Everyone is welcome!

All are welcome to the public meeting, and each speaker will be given just two minutes to present his or her idea. Each idea will then be discussed and voted on, to create our list of community priorities. Please bring a plate of food to share at afternoon tea at the end.