PRINCIPAL’S NEWS

OPEN MORNING INVITATION
Education Week is from May 17th—23rd (next week). To help celebrate this important event, parents and grandparents are invited to an Open Morning next Tuesday May 19th from 9 am until 11 am to experience the joy of flight.

The Challenge — for students is to work in a collaborative team with adults and, using supplied materials, design, construct, test and evaluate a paper flying apparatus (plane) or a parachute for a Lego ‘person’, ‘BYO Lego person’. The longest paper plane flight and the slowest dropping Lego ‘person’ will be judged the winners. Sounds like fun! We hope you can drop in for all/some part of the two hours of fun.

CROSS COUNTRY at DEANS MARSH
Yesterday senior students had trials for the upcoming Polwarth Cross Country at Deans Marsh PS. This event is planned for Monday beginning at 11.30 am. Congratulations to all seventeen students who tried their very best during the trials. Our team of runners representing Forrest will travel by bus leaving at 10.30 am. We have a limited number of seats for interested parents ($5 cost per seat) please contact the school office if interested. Notes were sent home with selected students today.

NAPLAN BEGINS
This week is Naplan Week for our Year 3 and 5 students. Their efforts completing literacy tests in Language Conventions, Writing and Reading have been exemplary. They are to be congratulated on their positive attitude in attempting to get the best possible results. Year 4 and 6 students have also been completing assessment tasks (with me) in the staff room at the same time. They also have demonstrated excellent applications. We find this inclusive, supportive approach is a favorable outlook to encourage in all our students.

SCHOOL COUNCIL
School Council’s third meeting for 2015 is planned this coming Monday May 18th at 6.30 pm.

MELBOURNE CITY CLINIC
On Friday May 22nd, the Melbourne City Soccer Coaches will be visiting Forrest LC. Clinics will be held for both classes beginning at 11.00 and concluding at 1.00 pm. This special event was one of our Regional Walk To School prizes. Parents and interested persons are most welcome to drop in. Just 9 sleeps away!

SPORTING SCHOOLS UPDATE
The children are enjoying both Yoga/Gymnastics and Orienteering sessions. Parents are reminded to contact Caralyn/School Office/send a note if your child is NOT attending one of the sessions please. Pick up time is 4.45 pm.

PRINCIPALS CONFERENCE
Tomorrow and on Friday, I will be attending our region’s Principal Conference in Melbourne. In my absence, please contact your child’s teacher if you require any urgent assistance. Thanks.
JUNIOR ROOM NEWS

Chicks!
The chicks have now moved on to the Senior room and are barely recognisable from the small bundles of fluff we watched come into the world only 2 weeks ago. Thanks to Rose Sgro for lending us a brooder box, this means the chicks can be cared for at school during the week.

Jobs People in our Community Do

Nurse – It’s been a busy week for learning about jobs people in our community do. Thanks to Sarah for telling us about her job as a community nurse. The students wanted to hear about the best and worst parts of Sarah’s job and were treated to a demonstration of wound care. They watched Sarah carefully unpack the special wound care kit’s contents, being mindful to keep the contents sterile as she cleaned an imaginary wound. The sort of wounds Sarah cares for can be quite gruesome and the students were fascinated to hear about how wounds are cleaned, particularly about a pump that goes over deep wounds to suck up the pus. Many new words were discovered including biology, infection, hygiene and sterile.

Organic Farmer – Rose Sgro and her assistant, Tina, visited the Junior room on Monday and detailed the life of an organic farmer. We learnt about the process of organic farming from seed to sale and her box of vegetables contained many varieties new to us all, including yellow beetroot. Highlights were learning about organic weed control, decks, the varieties of vegetables the Sgro’s grow and how they are transported and sold at the Footscray Wholesale Market. Joe Sgro is the only organic farmer on the floor, meaning that he is the only organic farmer that sells his vegetables directly rather than using an agent. Thanks to Rose for taking the time to share her knowledge with the class.

The students are writing about the interviews, focussing on the things they didn’t know before the presentations, and their summaries will be put together to form a report about the jobs people in our community do.

Learning Goals

This week I have been concentrating on developing individual learning goals for each student. The three goals of the highest priority will be displayed on the student’s desk, to help remind them about their focus areas. Some of the ways you can help your child at home include:

- Listening to them read every night and using reading strategies to work out unknown words
- Making sure they have done their spelling homework – Preps are currently learning to read their magic words while the other students complete a ‘Look, Say, Cover, Write, Check’
- Maths – Preps, practise to count forwards and backwards from any number up to 20 - Year 1 and 2 students practise adding numbers equalling 10 and then 20 automatically – without counting on fingers
- Writing – Practising forming letters and numbers correctly

I will be sending individual lists of each students focus areas next week. Please see me if you would like further clarification or for resources your child can use to help them at home.

Forrest Kids Go Bush

Dressing your child for FKGB at home, with their school clothes underneath, is a great way to double check that they have their overalls and jacket, (one with a hood would be great) and gumboots, it also saves a lot of time. Helping the students change when they get to school is when we often discover that they don’t have the required clothes. They are very disappointed if they have to miss out and so I usually try to beg or borrow jackets and overalls, leaving the rest of the class patiently waiting. If parents have any rain jackets that they no longer require I am sure I could find them a home.

Congratulations

Well done to the following students for successfully spelling their Magic words.

William Standish – Pink  Julian Tung – Indigo  Luca Sprunt – Green, Orange and Indigo

Mothers’ Day

The students were very proud of the cards and creations they made for Mothers’ Day. While I have heard of one instance of the dog eating the hidden present (made of salt and flour – yuck) I hope the rest made it to the ‘Mum’.

Miss Mac

Junior room teacher
SENIOR ROOM NEWS

What’s a liquid?

During Science, on Wednesday the 6th of May 2015, we designed our own experiments to test the viscosity of three liquids. We used honey, water and cooking oil. First we made predictions and then each group had to design an experiment. Some groups designed experiments where they timed how long it took for water, honey and oil to get through a small hole in the bottom of a cup.

The reason why we tested the viscosity of the substances is because over the last couple of weeks we have been exploring the properties of liquids. We came up with different ideas on what a liquid is and have been doing a few experiments. Next we are going to look at the properties of solids.

By Jarrah Ashton

Our important Mums!

On Tuesday the 5th the Junior and Senior students made salt dough necklaces for their mums. They got a piece of dough then cut out a shape like a star, love heart or a square. After they cut out the shape, they got a Lego piece or a skewer to print shapes or patterns into the shape. Ms Mac brought in some of her acrylic paints so we could decorate them. After we decorated the salt dough shapes we left them to dry. The next day we threaded string or elastic through the little holes that Ms Mac poked into them. We wrapped our gifts up in paper or cellophane.

During Library, we worked with Mrs Drummond to create poems and messages for our mums. We placed our poems on coloured paper and draw some pictures. Some of us also made separate Mother’s Day cards.

All reports are that our mum’s really appreciated our special gifts and messages. By Kayla Forssman

JUNIOR ROOM: This week’s student of the week goes to Maddy Pain. Maddy is very proud of her work and is to be congratulated for the great care she takes to do her best writing. Well-done Maddy!

SENIOR ROOM: Braeden Kurzman—For his excellent focus in writing. Braeden is writing some really well structured persuasive texts.
SCIENCE ROOM NEWS

Be amazed by these microscopic images!!

http://www.viralnova.com/microscopic-level/

A Banana!!!

Used dental floss!

Lice!

Dust!

SUPER SCIENCE FACT

According to an old English system of time units, a moment is one and a half minutes.
PRE SCHOOL NEWS

I hope all Mothers had a nice Mother’s day and that you all liked your presents. The children certainly enjoyed making something for their Mums. Unfortunately the glue we were using didn’t seem to bond that well with the surface of the frame, so I apologise if some of the decorations had fallen off.

The children always do a lot of different things at kinder, and sometimes it’s difficult to pick out the highlights. Last week we visited the Junior Room to look at the chickens, and listen to Sarah Schuhmann’s talk about being a District Nurse. The kinder children found the practical part very interesting when Sarah showed them how to put on a sterile dressing on Poppy’s pretend wound. It looked like quite an art using the tweezers to avoid touching the sterile compress. Thanks Sarah for taking the time to talk about your job.

On Thursday, I read ‘Goldilocks and the Three Bears’ to the children, just before it was time for Caralyn to take over for the afternoon. Caralyn also listened to the story and saw how interested the children were, so she suggested to the children to play the story. For the next 30 minutes, John, Ellen and Stanley had a great time of it, with just a few props available, taking turns being Goldilocks and the bears. It felt great that Caralyn took the opportunity to follow the children’s interest, making the transition from kinder to child care seamless. It’s interesting how many of the old fairy tales have a profound effect on children…the repetitive nature, and the scary bits are things they connect with.

On Friday morning, the school children had organised a dress-up parade that we participated in. Next time it is on, I will try to give you all a warning so all the children can dress up if they want to.

Last week we did bean-bag movements to Brendan O’Hara’s (Kinesiology) CD. We will keep doing bean bag activities all through the year, as they are very good for body and spatial awareness. This week the focus will be on colours.

I will conduct Parent-Teacher interviews during this term and make a time with each family in the forthcoming weeks. Please take this opportunity to raise any concerns or issues you might have for your child or the Kinder Program.

ALL WELCOME
The children and I would like to invite all parents to come along to the Centre on Friday 22/5 at 1:00pm for AFTERNOON TEA/COFFEE.

Lena Collopy
Pre-school Teacher

Helping Hands

William Hunt for volunteering to take down the water bottles and fruit boxes for Forrest Kids Go Bush.

Britt for helping Ella, her buddy, in the playground recently.
# CHILDCARE AND AWESOME AFTERS (OSHC)

For OSHC/ afternoon bookings please call: Teresa 0419 536340

For MORNING Childcare bookings: Caralyn 0412 953366

<table>
<thead>
<tr>
<th>TIMES</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
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<tbody>
<tr>
<td>9:00 – 10:45</td>
<td>Outside Activities *</td>
<td>Outside Activities *</td>
<td>Outside Activities* Pre-School</td>
<td>Pre-School (3 and 4 year olds)</td>
<td>Pre-School (3 and 4 year olds)</td>
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<tr>
<td>10:45 – 11:15</td>
<td>Snack and Chat</td>
<td>Snack and Chat</td>
<td>Snack and Chat</td>
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<td>FORREST KIDS GO BUSH!</td>
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<td>11:15 – 12:30</td>
<td>Inside Games and Activities</td>
<td>Inside Song and Dance Activities</td>
<td>Inside Free Play</td>
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<tr>
<td>12:30 – 1:00</td>
<td>Snack and Chat</td>
<td>Snack and Chat</td>
<td>Snack and Chat</td>
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<tr>
<td>1:00 – 2:00</td>
<td>QUIET TIME/ CRAFT</td>
<td>QUIET TIME/ Floor Activities</td>
<td>Inside Free Time</td>
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<td>2:00 – 3:30</td>
<td>Inside play: toys, trucks,</td>
<td>Colouring pages and decorating</td>
<td>Inside play: puzzles, drawing,</td>
<td>Yoga, sing-a-long songs, story-time</td>
<td>Arts and crafts: child centred</td>
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<td></td>
<td>drawing, painting</td>
<td>art projects</td>
<td>home corner, book corner</td>
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<td>craft activities</td>
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<td>3:30 – 4:00</td>
<td>Healthy SNACK</td>
<td>Healthy SNACK</td>
<td>Healthy SNACK</td>
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<td>Healthy SNACK</td>
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<td>4:00 – 5:00</td>
<td>Outside play</td>
<td>CRAFT TIME</td>
<td>COOKING</td>
<td>CRAFT TIME</td>
<td>Outside play</td>
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<tr>
<td>5:00 – 6:00</td>
<td>Weekend storytelling</td>
<td>Outside play</td>
<td>Sing-a-long songs and dance</td>
<td>Outside Play</td>
<td>Relaxation: reading and quiet</td>
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<td>games</td>
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* Outside Activities will be held providing weather is suitable

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**SCHOLASTIC BOOK FAIR**

This year our book fair will be run from the 15th till the 19th of June it will be open for ½ hour each day before and after school.

The theme of this year’s book fair is Kings, Queens and Castles this is a great opportunity for parents, family and friends to come and get new books for the children in their lives.

More information will be sent out as the time draws closer so keep your eyes open for exciting things that are happening around the school to do with the book fair.
OTHER ANNOUNCEMENTS

Tim will be unavailable for guitar lessons for the next couple of weeks due to other commitments—He will be back on board & teaching again on Tuesday June 2nd. Thanks!

Uniforms

There have been a number of students whose labelled jumpers have gone missing recently. Can all parents please check their children’s jumpers and return any that have been mistakenly picked up, to the school?

Thank you

Anyone recognise this ring?

It was found on Thursday 7th May on the ground outside the front of the school—If it belongs to you or you know who it belongs to, please call by/claim it at the School Office.
**OTHER ANNOUNCEMENTS**

**Fundraising News**

Thank you to all those that have donated ingredients for our slices & scones. We are still collecting, especially arrowroot biscuits & condensed milk, they can be dropped off to the school office.

Please mark Friday 5th June 5pm—8pm in your calendar for the bake off, to be held at the Forrest Hall. EVERYONE WELCOME!!!! Some goodies will already be baked ahead of time (Thanks to our FABULOUS baker Robyn Ferguson), and now will need packaging & labelling on the night. Some goodies will need to be sliced, rolled, assembled and hopefully, sampled!!! There will be something for everyone to do, come along & join in—BYO knives, spatulas, wooden spoons, mixing bowls in case we run out at the hall....

The tents & marquees for the entire event will also be set up on that Friday from 4pm—Anyone with some time to spare who can lend a hand with setting up would be appreciated. Please let me know ASAP (some of the tents are enormous and will require a few people coordinating their efforts!!)

Thanks

Sarah Lane  5236-6172  0421 103 042 Please see roster below—still a work in progress, please let me know if the time allocated to you doesn’t suit!!!

<table>
<thead>
<tr>
<th>Volunteer</th>
<th>Car Parking/ Marshalling</th>
<th>Slice Stall</th>
<th>Coffee/ Devonshire Tea</th>
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<tbody>
<tr>
<td>Ant Coulter</td>
<td>10 - 12</td>
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<td>Phil Kurzman</td>
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<td>Martin Marshall</td>
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<td>Darryl Harty</td>
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<td>Craig Donahoo</td>
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<td>Gordon Lane</td>
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<td>Sarah Schuhmann</td>
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<tr>
<td>Kaz Standish</td>
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<td>Beccy Foster</td>
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<td>Denise Mitchell</td>
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<tr>
<td>Lena Collopy</td>
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<tr>
<td>Richard Schuhmann</td>
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<td>Felicity Menzies</td>
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<tr>
<td>Hugh Menzies</td>
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<tr>
<td>Kim Coulter</td>
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<tr>
<td>Shizu Broomfield</td>
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<tr>
<td>James Sprunt</td>
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<tr>
<td>Sarah Lane</td>
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<td>10-4</td>
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<tr>
<td><strong>Looking for volunteers!!!</strong></td>
<td><strong>2 x 2pm-4pm</strong></td>
<td><strong>1 x 10am-12pm</strong></td>
<td><strong>1 x 10am—12pm</strong></td>
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<td><strong>1 x 2pm-4pm</strong></td>
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OTHER ANNOUNCEMENTS

COLAC REGIONAL PARENTING FORUM THURSDAY 11 JUNE
LET’S TALK ABOUT ANXIETY AND BUILDING RESILIENCE IN CHILDREN AND YOUNG PEOPLE

The Regional Parenting Service, delivered by the City of Greater Geelong, together with Glastonbury Community Services and the Colac Otway Shire Council welcome all mums, dads and those who support them to attend our FREE Parenting Forum.

Guest Speakers: Andrew Fuller; a clinical psychologist and Nicky Johnston; a primary educator, an artist, a mum to four boys and author and illustrator of children’s books.

SESSION INFORMATION
THURSDAY 11 JUNE 2015 9.45AM TO 2.30PM
(Registration open 9.45am – 10.15am)
Colac Otway Performing Arts & Cultural Centre, Corner Rae and Gellibrand Street, Colac (Limited parking around Copacc Complex)

- Colac Otway Performing Arts & Cultural Centre, Corner Rae and Gellibrand Street, Colac (Limited parking around Copacc Complex)
- Professional experts from community organisations will be available on the day for participants to talk about parenting and family support.
- Light refreshment, tea and coffee provided.
- FREE child care (Limited spots available to session participants only). Bookings essential. Sandwiches, fruit and water provided. If booking via email please provide the following information: Parent name, contact number, child name, child age, allergies and additional needs.

EVENT REGISTRATION - RSVP BY FRIDAY 12 JUNE 2015
fsadmin@geelongcity.vic.gov.au or 5272 4741.
If booking via email, please include your name, contact number, address, how you heard about this event and number of bookings.
The Lions Club of Forrest & District invites you to the 10th annual

FORREST

SOUPFEST

HEARTWARMING WINTER FESTIVAL IN THE OTWAYS

SUNDAY 7 JUNE 2015 10 AM - 5 PM

Come along and enjoy tasty homemade Soups, BBQ, Woodfired Pizza, Devonshire Tea and Coffee and other handmade local delights!

YOU CAN ENTER COMPETITIONS FOR THE BEST:
• Homemade soups • Conserves • Sauces • Pickles & Relishes
• Homebrew Beer & Wines • Largest Vegetables (any kind!)

THERE WILL ALSO BE:
Market Stalls, Live Music & Entertainment, Small Animal Farm and much more!

COOKS AND GARDENERS ENTER & WIN!

For more information and competition entry forms call 03 52366322 or email: forrestsoupfest@gmail.com