Principal’s News

Welcome back to our final term of 2014. It is hoped you and your family had an enjoyable two weeks together. Our first week back has commenced with students and teachers setting goals involving lots of exciting learning opportunities planned.

Last term, our children at Forrest Primary busily rehearsed for their choir performance with ‘Orchestral Manoeuvres in the Marsh’ at the Birregurra Festival. This performance will take place this Sunday October 12th @ 12 Noon. We are expecting to have approx. 150 singers in the Choir including adults from all across Colac/ Otway and Surf Coast Shires and children from Birregurra P.S. It is hoped that each child wears a black top/t-shirt/dress to the event (provided by parents). Children may wear jeans, skirts; pants etc underneath and will be given a coloured sequined scarf on Sunday 12th to wear up on stage. Could parents please ensure all children arrive at the side of the 'Festival main stage' by 11.45am ready to perform at midday? Looking forward to seeing you there at the festival! Final thanks is extended to Louise Brown for the exceptional work she has done with our students every Thursday throughout term 3.

Our Swimming Program begins at Heather’s Swim School in Colac this Friday. Information (in blue) was sent home with students in the last week of term 3. Forms need to be returned asap, and payment for the program made promptly please. Heather’s teachers adequately cater for the individual ability levels of all students. This Friday the school will be visiting Birregurra Primary School to have their final choir practice with Louise before Sunday’s performance. We will be having lunch in Birregurra before heading onto our swimming lessons on that day. For more information do not hesitate to contact me.

Walk to School is an annual event which has been funded by Vic Health since 2008 and supported by the Colac Otway Shire. At Forrest, we have improvised so as to cater for our local needs. Mr. D. set up a 500 metre track in the playground for students to walk/run on at the start of the school day and end of lunch play. The enthusiasm of students has been amazing. Physical activity is vital for children. It helps them achieve and maintain a healthy weight, builds strong bones and muscles and improves balance, movement, coordination and brain development. Next Wednesday October 15th a free breakfast beginning at 8.45am in the senior room has been organized by the Colac Otway Shire. Breakfast menu includes Granola Cereal, Sourdough bread (toasted) with jam, choice of fruits and milk. To reduce wastage, it would be great if each child brings their own eating implements and containers. Parents, Preschoolers and grandparents are most welcome in joining us for this special occasion. After brekkky we will have a 5 min walk around our “special” track.

Last Tuesday, the school had a special guest, Stuart Tripp speak to our school students. Stuart is a Paralympian who is currently ranked 4th in world cycling. Two inspirational points I took away from his talk were: 1) he has only ever won one race and 2) he has set both short term and long term performance goals for 2015 and beyond. Thanks to Ms Mac for coordinating Stuart’s visit.

On Wednesday October 22 due to AEU stop work action “Protect our Preschools” campaign, there will be no Preschool program on this day.

Congratulations to all participants in our Footy Colors Day held on the last day of term 3. Special mention to our Grade 6 Leaders who organized a fun day.

Enjoy the rest of your week! Darryl Harty

Principal: Mr Darryl Harty

Family Name:
JUNIOR ROOM NEWS

I hope you all enjoyed an excellent break. The students have all returned with a fantastic enthusiasm for learning and many holiday stories.

This Week

We have had a busy start with not much time to sit down!

The timetable has changed with sport and music now on a Monday. I will send a revised timetable home with the students next week. I would love parent helpers on Thursdays – any parents who can spare an hour please let me know.

As this is term 4 – hats are required to be worn when the students are outside. A few students are borrowing spare hats but new hats are available for $5.00 from the school.

Toastie Tuesday continues, as do spelling tests on Thursdays – new words will be sent home this week.

Forrest Kids go Bush recommences on Friday – overalls and jackets required.

Swimming also begins this Friday – please return permission forms if you haven’t done so already. Needless to say students will need their bathers, towel and goggles if they have them.

Walk to School month

As this is ‘Walk to School’ month the students are beginning the day with a 5 minute walk (a run for some) around the school grounds on a 500 metre walking track. We also complete another 5 minute walk before the end of lunchtime. Many of the students are also choosing to ‘walk’ at recess and lunchtime, with their number of ‘runs’ being tallied each day. It will be very interesting to see how many kilometres they have walked by the end of the month.

Stuart Tripp visit

We were very fortunate to have Paralympic hand-cyclist Stuart Tripp visit our school on Tuesday. He was holidaying in Forrest, with his family, before beginning serious preparation for competitions next year. His presentation was inspirational and very honest. The students and teachers were riveted to their seats for an hour as Stuart told us about his life, the impact of losing his leg, showed us his bike and answered questions. For me his message was, while we don’t know what life has in store for us, never give up and practice if you want to improve!

Spare Clothes

Thanks to Beth Sprunt for taking home all the ‘spare’ clothes, particularly school windcheaters, that lay unclaimed around our classroom, and giving them a much needed wash! These clothes are unnamed – should you be missing school clothing please come and look through our ‘supply’. I have a permanent marker to name clothing once identified by its owner. All left overs are ‘free’ and will be left in the spare clothes basket in the main school building at the end of next week.

Miss Mac
Junior room teacher

Helping Hands Week 1

Jarrah & Indigo for helping put up and take down the Australian Flag daily.

Thanks Jarrah & Indigo!
Well it is wonderful to be back at school this week, even though Mr Donahoo managed to crack a couple of ribs Monday morning before school as a result of flying over the handlebars of his mountain bike! Maybe parents should think twice about sending their children to Mountain Bike Riding for Active After Schools this term (run by Mr Donahoo)!!

We have such a delightful group of students, all very focused on learning this term. Our seven grade 6’s are looking forward to a really positive and enjoyable finish to their primary schooling. They are independently working on their own projects and goals for the remainder of the year.

The years 3-5 students will individually work on specific learning goals. These goals are negotiated and will be assessed and reported on in the end of year reports. We are undertaking a range of minor assessments during this week which will further inform us of individual’s knowledge / skill gaps.

Our mini-theme for Grades 3-5 students this term is Australian Geography and Sustainability. Students will make their own mini Australian Atlas. They will learn a range of Geographical skills and obtain new knowledge in physical, human and environmental geography relating to Australia, Victoria and the Otways.

The sustainability study will relate directly to our school environment and will include energy, waste management, environmental impacts, managing our resources and sustainable food production.

In Science we will finish off our unit on Earth’s Place in Space and will complete a new unit in Physical Sciences called ‘It’s Electrifying’. Students will explore through hands on activities the role of electrons in transferring energy in electric circuits.

Mr Donahoo will be teaching Mountain Bike Riding for the Active After School program. This will run for 7 weeks, starting in Week 3, on Mondays between 3.40pm and 4.40pm. We expect there will be a large number of children interested, so Mr Harty will be assisting with the program. Most of the learning will occur within the school grounds. We are also planning to ride at the Forrest Trail Head on the 6th session and on tracks 4 and 5 on the last session. Track riding will depend on weather all children are able to demonstrate the required skills to safely ride these tracks.

JUNIOR ROOM: Luca Sprunt. Luca is to be congratulated on his positive attitude to learning. He listens carefully and is very focused on completing his work to the best of his ability. Well-done Luca!

SENIOR ROOM: Claudia Schuhmann for her fantastic bell ringing and announcements made during the week, as our Bell monitor.
PRE SCHOOL NEWS

Welcome to Term IV

Welcome back after the holidays. This term is going to go very quickly and it’s full of fun experiences for the children. Last term ended with a fun event held during the Bush Program, to farewell Ruby and Tasman. We had the fire burning and the children made damper that they ate warm with butter and jam. They also enjoyed marshmallows with melted chocolate, using tea-lights as the heat source. Before the holidays we also went to the Flying Bookworm Theatre Performance, which all of the children enjoyed. Unfortunately, we had to cancel the picnic because of the weather. As it was also John’s birthday, the children who came back to the Pre-school enjoyed some delicious cake. Thanks to all of the parents who made this excursion possible by coming along.

School Breakfast

The Pre-school children have been invited to have breakfast at school at 8:45 AM on Wednesday 15/10. Please meet in the Senior Room at 8:45 AM if you want your child to participate. The breakfast is funded by the Walk to School Program.

Children’s Week – excursion to Colac

We have another exciting excursion coming up on Thursday 23/10. To celebrate children’s week we are going to participate in the various different activities that Glastonbury organises in the Neighbourhood House in Colac. We are also invited to the hospital—please see separate excursion note for more information.

New bathroom fan

I’m really happy to tell you that the Early Learning Centre has finally got a fan in the bathroom. Hopefully this will be the end of unpleasant odours in the classroom.

Industrial action

Last term I gave everyone information about the industrial action that has been planned, and why, by Australian Education Union (AEU) members. As negotiations have stalled, pre-school staff who are members of AEU will stop work on Wednesday 22/10. As an AEU member, I will not be working on that day. Caralyn and Teresa will operate as normal. Mr Harty will inform you more.

Lena Collopy
Pre-school Teacher

DATES TO REMEMBER

Fri 10/10 Committee Meeting.
Wed 15/10 8:45 AM, Breakfast at school.
Wed 22/10 Stop work action - Lena.
Thu 23/10 10:00 AM – 1:15 PM, Excursion to Colac.
Wed 29/10 Snakes and Roaming Reptiles.
Friday 31/10 Colac Show Day Holiday.
### A REMINDER TO PARENTS USING OUR DAY CARE SERVICES

- Parents who want a permanent position for their child/children please call Caralyn or Teresa to confirm this for term 4.
- Permanent positions will ensure a spot on the day that you require.
- Permanent positions require payment for the full term, even if your child is absent.
- One off care requires a phone call prior to the day to either Caralyn or Teresa to confirm this and you will only be billed for this day.
- Parents also please remember, because we are a sunsmart school, children are required to wear a helmet during term four whilst playing outside.

Thank you,
Caralyn and Teresa

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### TIMES

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<th>Monday</th>
<th>Tuesday</th>
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<th>Thursday</th>
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<tbody>
<tr>
<td>9:00– 10:45</td>
<td>Outside Activities *</td>
<td>Outside Activities *</td>
<td>Pre-School (3 and 4 year olds)</td>
<td>Pre-School (3 and 4 year olds)</td>
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<tr>
<td>10:45-11:15</td>
<td>Snack and Chat</td>
<td>Snack and Chat</td>
<td>Snack and Chat</td>
<td>FORREST KIDS GO BUSH!</td>
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<td>11:15– 12:30</td>
<td>Inside Games and Activities</td>
<td>Inside Song and Dance Activities</td>
<td>Inside Free Play</td>
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<tr>
<td>12:30-1:00</td>
<td>Snack and Chat</td>
<td>Snack and Chat</td>
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<tr>
<td>1:00– 2:00</td>
<td>QUIET TIME / CRAFT</td>
<td>QUIET TIME / Floor Activities</td>
<td>Inside Free Time</td>
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<td>2:00– 3:30</td>
<td>Inside play: toys, trucks, drawing, painting</td>
<td>Colouring pages and decorating art projects</td>
<td>Inside play: puzzles, drawing, home corner, Yoga, sing-a-long songs, story-time</td>
<td>Arts and crafts: child centred craft activities</td>
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<td>3:30-4:00</td>
<td>Healthy SNACK</td>
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<td>4:00-5:00</td>
<td>Outside play</td>
<td>CRAFT TIME</td>
<td>COOKING</td>
<td>CRAFT TIME</td>
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<td>5:00-6:00</td>
<td>Weekend storytelling</td>
<td>Outside play</td>
<td>Sing-a-long songs and dance</td>
<td>Outside Play</td>
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<td>Relaxation: reading and quiet games</td>
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* Outside Activities will be held providing weather is suitable
OTHER ANNOUNCEMENTS

Community Catchup
Every Friday
Coffee and Bike Ride
Meet at school—9:15am

Contact Sarah Schuhmann on 52366125

News from the Forrest Science Room:

Junior Room: This week the students completed the Evaluation stage of their Weather in My World Unit. With great enthusiasm they worked in teams to plan and deliver a weather report drawing on the knowledge they have gained over the unit. A fantastic effort by all the students as they used new terminology particularly in the areas of temperature, wind and cloud cover. We incorporated some ICT to record the entertaining weather reports using Powerpoint and an Ipad. Next week, the juniors start their new topic: Look! Listen!

Senior Room

The Senior Room students had an introductory session into their next topic- It’s Electrifying with Matt Taylor from Earth Ed, Mt Clear. The students played around with Fly Sticks and learnt about static electricity. Another fantastic session from the educators at the Earth Ed centre which we will be visiting on the 28th October.
Don’t miss our next event

FORREST AND DISTRICT HISTORICAL SOCIETY

THE EARLY SETTLEMENT OF OUR DISTRICT

A case study of three generations of the Callahan family from the mid-nineteenth century.

For our first event after the winter recess we have been very fortunate that John Callahan has kindly agreed to come and address our Society. John’s grandparents came to the district in the mid 1800’s so we have a fantastic opportunity to follow the family’s history, essentially the history of the whole district, and track the changes from that period to the present time. We are writing a short history of Forrest for our new web site and have been puzzled by the difference between the squatters and the selectors. Here’s a unique chance to learn more. John says Division Rd. is a clue!

Join us at the Community Hall Forrest
Sunday the 26th October from 10.30am.

10.30 am Coffee and tea, meet and view archive.
11.00 am John Callahan, The Early settlement of our District
12.30 pm Lunch, your choice, Brewery, Guest House, Hotel.
2.00 pm In the afternoon we will move up to the new History Centre and Audrey Miller has kindly agreed to take part in a Fireside Chat on My Forrest Memories. This will be an opportunity for all members to see progress at the History Centre and make any suggestions for its future development.

Further information, Ken Widdowson, President, Tel. 52 366 327
or email kenw@pipeline.com.au Address, c/o Forrest PO 3236
**Forrest Halloween Horror Hall**

**Friday 31st Oct - 6pm - 9pm**

**Scream Room**

**Spooky Dance Moves**

**Prizes for Scariest Outfit**

**Family Friendly Drug & Alcohol**

**Free Event**

**$2 Entry**

**Ph. 52366591 for Info**