PRINCIPAL’S NEWS

SUNSMART SCHOOL in TERM 4
A reminder that we are a Sunsmart School. Children will be required to wear a broad brimmed school hat. Hats can be purchased from the school office for $10 each.

HOLIDAY CARE PROGRAM
The Forrest PS & Early Years Centre will be operating a Holiday Day Care program on Wednesdays and Thursdays during the upcoming holidays. Interested families wishing to use this valuable service are asked to call Caralyn on 0412 953366 to make a booking asap. Spaces are filling quickly!

100% ATTENDANCE
Congratulations to the 7 students who achieved 100% attendance during term 3. They were Kayla, Hamish, Tim, Sophie, Charles, Henry and Elise. This is a fabulous result!

CHOIR PRACTICE
The children have completed a series of practice sessions with Louise in preparation for the Birregurra Festival Performance on Sunday October 11th. The singing has sounded fantastic! On Friday October 9th the school will be travelling by bus to Birregurra PS to practise with the Birregurra students from 9.30 until 11.30. All students will need to be at school on this at 8.55am as the bus leaves at 9am. This is a free local excursion and so an additional parent permission form is NOT required.

YOUTH EXPO
Our Grade 5/6 students will be involved in a Youth Expo on Friday Oct 9th following the Choir Practice at Birregurra. More details / permission form about this special event will be forwarded home with the children.

SPORT REMINDER
Parents are reminded that we conduct Physical Education/Sport lessons on Mondays for the Junior class and Tuesdays for the Seniors. The wearing of comfortable footwear (runners) is encouraged. During the month of October, the school will be involved in the VicHealth Walk To School in October initiative. Every day in October students (with teachers) will be walking to/from and at school.

CONGRATULATIONS MADDY
Maddy Seebeck has been selected to represent the Colac & District Schools Division in the Greater Western Region Athletics carnival in the 800 metres distance run and long jump events. The carnival will be held on Friday October 16th in Ballarat. We wish Maddy on the very best in her athletic endeavours.

TERM 3 CELEBRATION
As we draw to the end of term 3 we have many things to celebrate including JSC special events, National Science Week, Three Way Conference Day, Enrolment week, and muddy Forrest Kids Go Bush sessions. Hoping you have an enjoyable holiday break with your family and I look forward to catching up with you early next term. Please note, school concludes at 2.30pm on Friday and recommences on Mon Oct. 5th at 9am.
JUNIOR ROOM NEWS

The final week of term 3!
I know it is cliché but the time has gone by so quickly and to their credit the Junior room students are remaining energetic to the end. At the beginning of the year, particularly the Preps, ask “When is it lunchtime?” or “Is it home time soon?” Now, that their stamina has increased, students are so involved in their learning that I have to convince them that it is lunchtime or time to go home. The clock is regularly used as evidence of the time because they don’t believe that the time has flown so quickly.
A warning to parents – the count down to Christmas has also begun!

Our Final Writers of the Week for Term 3

Bush Kinder
3 weeks ago William H, Luca, William S, Julian and I made a big cubby!
This week we put rocks down on the ground because if we step on the ground it will get muddy.
Next week we are going to put sticks and planks on the cubby too.
Hopefully we can extend our cooking area and fit in beds.
Recount by Henry Seebeck

Splash
Bush Kinder – Splash! Mud got in my eyes and it hurt.
It was better when I got the mud out.

Sick
On the weekend I was sick at home and I vomited at home.
I am better now.
Recounts by Poppy Schuhmann - A resilient student

The Unknown
We walked to this place
Talking to our friends
Down by the river in Forrest
We saw this really, really cool weaved stick cubby
Photos were taken
My fact looking out between the twirly twisted vines
Hard and old
By Amelia Gili

Congratulations to the following students
150 Nights Reading Award
Luca Sprunt and Henry Seebeck
They will both enjoy complementary lunch orders this Thursday

Intruders
After several incidents of birds making their way into the classroom through open doors, creating a mess that takes some time to clean up, we have developed the habit of keeping the doors closed, particularly when the classroom is empty. Unfortunately ants can make their way through closed doors and into the students’ school bags and lunch boxes. Until the ant problem can be sorted out, students will be bringing their lunch boxes into the classroom. I know that school bags get pretty grungy with crumbs and ‘bits’. If parents could help their students have a clean out that would be great. You’ll never know what you’ll find?

Forrest Kids Go Bush
One of the greatest fears that the students have is that the mud will dry up. Even though we’ve had some sunny beautiful days the resent down pour of rain has ensured a fun and muddy Friday session of FKGB.
Spare socks and pants are essential for those that love to be mud monsters.

Fathers
Sorry for being so remiss and not wishing you a happy fathers’ day. I hope you enjoyed your homemade gift as much as the students enjoyed making them.

Enjoy the holidays!
Miss Mac – Junior Room Teacher

Helping Hands

Maddy for helping a fellow student untangle his hula hoop.
Matilda for helping put away all of the basketballs.
SENIOR ROOM NEWS

JUNIOR ROOM: This week’s student of the week goes to William Standish. William is extremely focused and has become amazingly organised. He quickly transitions from one learning activity to the next, often being the first student to start his work. Congratulations William – a fantastic effort!

SENIOR ROOM: Nate Primmer - For integrating so well into our school community. Nate is a very kind, respectful and considerate person who also focusses really well on his learning. We are very lucky to have you part of our school community Nate.

Desert Survivors

This term Beccy Foster has been working with three of our Grade 5 students to engage in the Primary Connections Science Unit, “Desert Survivors”. Tim, Maddy and Elkin have been exploring the science understanding that Living things have structural features and adaptations that help them to survive in their environment. Students engaged in a range of investigations which culminated in assessment tasks that enabled students to present their science understandings in creative ways. They were asked to design and construct a model of an animal that possesses unique features that would enable it to survive in a desert environment. Additionally students undertook research on desert animals and plants and each created a small presentation. Maddy, Tim and Elkin will present what they have learnt in this unit with the rest of the class this Wednesday afternoon. We are very grateful to Beccy for all of her fantastic work preparing and engaging Maddy, Tim and Elkin in a range of learning experiences. Beccy says that she really enjoyed the process. As an artist, Beccy is very interested in the way that art can be used to incorporate students understanding of scientific understandings, concepts and knowledge.
SCIENCE ROOM NEWS

The Science Inquiry Units are coming to an end for Term 3. There has been some fantastic learning going on in classrooms, particularly with the integration of learning technologies to support students’ representations of knowledge and understanding.

Last week in the Junior Room the students used their Pendos to access a Push-Pull learning object from Scootle (Department of Education’s Knowledge Bank) and then worked individually and in informal groups to complete a Science Word Challenge. It is amazing to see the students becoming more confident with using ‘science’ words and using the Science word walls.

Some Science Holiday Fun: Make a Submarine

You will need

- 1.25 L plastic bottle
- Thin flexible tubing
- Scissors
- Plasticine
- Rubber bands
- Butter knives or other metal objects
- Bathtub to sink your submarine in

What to do

1. Cut a short piece of tubing about 10 cm long, and a long piece about 1 m long.
2. Get a walnut sized lump of plasticine and put it around one end of the short tube, making sure not to block the end.
3. Attach the long tube to the plasticine about 10 cm from one end. The two 10 cm lengths should be pointing in roughly the same direction.
4. Half fill the bottle with water.
5. Feed the two 10 cm lengths of tubing into the neck of the bottle. Adjust them so one goes to each side of the bottle.
6. Push the plasticine into the neck of the bottle and seal it.
7. The side of the bottle with the short pipe will be the bottom of the submarine. Put a few rubber bands around the bottle and use them to attach several butter knives to the bottom of the submarine.
8. Fill your bathtub and put the submarine in it.
9. If the submarine has sunk, blow into the long pipe. Air will come in one pipe, and water will go out the other. Eventually the submarine will float.
10. If the submarine is floating, suck on the long pipe. Air will come out one pipe, and water will come in the other. Eventually the submarine will sink.
11. If the submarine isn’t working, try adjusting the weights on the bottom of the submarine.

What’s happening?

When your submarine is full of air, it is light, and it floats. When it is full of water, it is heavy, and it sinks to the bottom. There is a special weight that the submarine crosses between floating and sinking. This is called neutral buoyancy, and it happens when the submarine weighs exactly the same as a submarine-sized amount of water. When it is neutrally buoyant the submarine will not sink down or float up – it will stay at the same depth.

Many boats are made of metals that are denser than water. They float because of their shape and because they are filled with air. When a boat starts leaking, water gets in and makes the boat heavier and it starts to sink.

SUPER SCIENCE FACT

A medium-sized cumulus cloud weighs about the same as 80 elephants.
Yesterday, Darryl, Caralyn and I went on a study visit to the Apollo Bay Children’s Centre. It was very interesting to see their facilities, and to learn how they run their Centre to comply with the requirements of the Department of Education and Early Childhood Development (DEECD). We learnt that they use a special computer program for observations, photos and documentation. The computer program made it easier for the educators; and made it possible for parents to log in and look at their own child’s site anytime. The site can also be accessed by parents who are away, or grandparents, as long as they have the password. It was also interesting hearing about their fee policy and how they organise their days with Child Care and OSHC programs running at the same time. Thanks Di Carter, for sharing with us.

We had a very exciting day with the Forrest Kids Go Bush Program last week. Kim came along and brought some sausages to fry. The children helped to collect twigs, and we used some dry wood that we collected the week before. It didn’t take long till the fire was going, and we all sat around the fireplace, having a great time eating sausages in the sunshine. Thanks Kim for making it possible. All of the children also got a small booklet—Passport to Nature Play. Hopefully you get a chance to be out in nature with your child/children during the upcoming holidays. There were lots of suggestion of places to go to in the booklet, and they were not far away.

Friday afternoon was nice and warm so the children were allowed to take their shoes and socks off in the sandpit. They had a wonderful time pretending that they were on the beach and also covering their legs with sand. As a general rule we only let the children be without shoes in the sandpit, when they play in the playground they need to wear shoes to minimize the chance of bee-stings or splinters.

Remember “Library” every Friday. The children can borrow three books to take home for a week and then borrow three new ones next time, provided they have returned the books. They’ll be using the new bags that they’ve dyed themselves.

This is the last week of this term. Thanks to all parents for doing the washing, and helping with other jobs. A special thanks to Nerrida for reading stories to the children during their morning tea/lunch break when I go for my break. Nerrida has also taken upon herself to borrow new books for us from the library van every fortnight.

HAPPY BIRTHDAY TO JOHN, 5-YEARS OLD TOMORROW!!

Happy holidays!

Lena Collopy
Pre-school Teacher

Dates to remember
Fri 18/9  Last day of Term III.
Wed 7/10  Pre-school start.

Cupcake Day SUCCESS!!!

Thanks to all children and parents who baked and supplied Cupcakes for Cupcakes 4 A Cure——together we raised $176.00.

The school children enjoyed eating their cupcakes, as did the parents and community members. Thank you for generously supporting The Kids’ Cancer Project. Thank you to all involved!!

Kerryn Gambino—Student Wellbeing Worker
## CHILDCARE AND AFTER SCHOOL HOURS CARE

<table>
<thead>
<tr>
<th>TIMES</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00-10:30</td>
<td><strong>Childcare</strong></td>
<td><strong>Childcare</strong></td>
<td><strong>Childcare and Pre-School</strong></td>
<td><strong>Pre-School</strong></td>
<td><strong>Pre-School</strong></td>
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<tr>
<td></td>
<td>Outside play and activities *</td>
<td>Outside play and activities *</td>
<td>Outside play and activities*</td>
<td>(3 and 4 year olds)</td>
<td>(3 and 4 year olds)</td>
</tr>
<tr>
<td>10:30-11:00</td>
<td>Snack and Chat</td>
<td>Snack and Chat</td>
<td>Snack and Chat</td>
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<tr>
<td>11:00-11:30</td>
<td>Interactive play with school children</td>
<td>Interactive play with school children</td>
<td>Interactive play with school children</td>
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<tr>
<td>12:30-1:00</td>
<td>Lunchtime</td>
<td>Lunchtime</td>
<td>Lunchtime</td>
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</tr>
<tr>
<td>1:00-2:00</td>
<td>QUIET TIME/ Activities</td>
<td>QUIET TIME/ Activities</td>
<td>FREE TIME/ Inside</td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:00-3:30</td>
<td><strong>Fine Motor</strong></td>
<td><strong>Gross motor</strong></td>
<td><strong>Imagination</strong></td>
<td><strong>Childcare</strong></td>
<td><strong>Childcare</strong></td>
</tr>
<tr>
<td></td>
<td>Play-dough, felt picture play, puzzles, threading beads, cutting and pasting, small building blocks</td>
<td>Sand-pit, play equipment, cubby house, ball games, large building blocks, equipment from the shed</td>
<td>Home corner, puppet theatre, dress-ups, cubby huts, drama, story acting</td>
<td>Sound and Movement</td>
<td>Visual Arts</td>
</tr>
<tr>
<td></td>
<td>Healthy Snack</td>
<td>Healthy Snack</td>
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<td>Healthy Snack</td>
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<td></td>
<td><strong>Sporting Schools</strong></td>
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<td><strong>Sporting Schools</strong></td>
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<tr>
<td>4:00-5:00</td>
<td>FLOOR TIME ACTIVITIES</td>
<td>ART ROOM ACTIVITIES</td>
<td>COOKING</td>
<td>FLOOR TIME ACTIVITIES</td>
<td>ART ROOM ACTIVITIES</td>
</tr>
<tr>
<td>5:00-6:00</td>
<td>Weekend storytelling</td>
<td>Outside play</td>
<td>Sing-a-long songs and dance</td>
<td>Outside Play</td>
<td>Relaxation: reading and quiet games</td>
</tr>
</tbody>
</table>

* Outside Activities will be held providing weather is suitable

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**JSC GAMES DAY**

**When:** Friday 18th September  
**Where:** Undercover area—School Grounds 
**What time:** 12:30—2.15pm 
**What to bring:** Gold Coin Donation, donated to Save the Orange Bellied Parrots charity. 

What’s it about: Lots of activities, board games, ball games, parachute and Danish rounders, and Mexicans and Texicans 

Lots of fun for all—please see Kayla, Indi, Jarrah and Braeden for more info!!
OTHER ANNOUNCEMENTS

Fundraising News

Thanks to all families, children and community members that have collected the Woolworths Earn and Learn stickers, a provisional count has tallied an amazing **10,200** stickers!!! This will be redeemed for some great school resources from Modern Teaching Aids and the list of what is purchased will appear in a future newsletter—Thank YOU!!!!

The Colac Kana Festival Committee invite you to a school holiday screening of the brand new 3D adventure 'Blinky Bill the Movie' at Colac Cinemas on Thursday 24th of September at 2pm. All tickets are $13 and can be purchased from the Box Office. For more information visit the Colac Kana Festival on Facebook. [https://www.facebook.com/Colac-Kana-Festival-274625496904/timeline/](https://www.facebook.com/Colac-Kana-Festival-274625496904/timeline/)

Footy Colours Day Winners!!

**Straightest Winners**

- Kai Broomfield 1st
- Claudia Schuhmann 2nd
- Amelia Gili & Matilda 3rd

**Dress Up Winners**

- William H 1st
- Bryanna 3rd
- Henry S 2nd
- Eliza W 3rd
- Indi A 3rd
- Luke M 1st
- Kohima S 2nd

Uniform

There are a number of unnamed jumpers currently housed in the school office—if your child is missing a jumper, please pop into the office and identify what belongs to your child!

We also have a number of second hand bits and pieces of uniform, available at $2 an item. Please ask at the school office.

Next term we will be sending home a uniform list for anyone wishing to purchase uniform items in readiness for 2016. Stay tuned!
Students will be getting active with friends and family this October as they walk to and from school for VicHealth’s Walk to School month. Forrest Primary School is pleased to be supporting the Walk to School Program in 2015 by partnering with Colac Otway Shire to deliver local Walk to School activities and initiatives that support ongoing active travel.

Walk to School encourages primary students to walk to and from school throughout October to build healthy habits for life, and highlights the many benefits of walking for children, from improving fitness to building friendships, and even reducing traffic and pollution.

With some great prizes up for grabs, and plenty of fun competitions for students during October, Walk to School is a free, easy and fun way for kids get the 60 minutes of exercise they need each day. Find out more at www.walktoschool.vic.gov.au.

Season commences Saturday 10th October 2015 at Central Reserve.

A great way to get your child into sport.
You don’t have to run the fastest or throw the furthest.
It’s all about having a go, personal improvement and being your best!

Competition on Saturday mornings from 8.45am to 11am (approx.)
Training Tuesday nights 5 - 6pm.
Registration fee $90 per athlete.
All registrations MUST be completed online this season.
Go to: www.lavic.com.au to register.
email: colac@lavic.com.au for more info.