**PRINCIPAL’S NEWS**

**SPECIAL WELCOME**

This week the Forrest Primary School & Early Years Centre welcomed Nate Primmer to our school. He is in Year 4 and comes to us from Colac West PS. I hope you are able to offer Nate and his mum Christine a warm Forrest greeting if/when you see them.

**POETS’ WIN**

Congratulations to our Senior Students on their fabulous poetry entries in the Red Rock Poetry Competition last week. The school received the award for the BEST PERFORMING OVERALL SCHOOL. We also celebrate six individual winning entries from Britt, Jarrah, Elkin, Kai, Indigo and Joe. Woohoo!

**FOOTY COLOURS DAY**

On Friday we are conducting a Footy Colours Day. We are supporting children who are living with cancer. Each year, thousands of Australians unite and wear their favourite footy colours to support children and young people living with cancer. Each year more than 800 Aussie children and teens are diagnosed with cancers such as leukaemia. The money raised goes to the Fight Cancer Foundation’s Education Support program. The program minimises the impact and disruption cancer has on the young patients, supporting them to stay connected with their schools, teachers and friends until they can transition successfully back to school. Please note it is a gold coin donation and every donation will be greatly appreciated.

**WORKING BEE DATE CHANGE**

Because of clashes with other important events held on Sundays in coming weeks, the planned School Community Working Bee on September 13th has now been rescheduled for **Sunday OCTOBER 18th** beginning at 10am. Hoping you can still make it.

**SWIMMING PROGRAM LATEST**

We are currently in discussions with Colac Bluewater Centre staff about conducting swimming lessons for all our primary school aged children in **term 4** of this year. The Colac Otway Shire are hopeful of the pool reopening soon. Our plan is to organise intensive (daily) swimming lessons for one week i.e. 5 sessions. For more information please contact Darryl, Sarah or Leanne.

**BUS TRAVEL UPDATE**

Just a reminder that children need to be at bus stops at least 5 minutes before the allotted bus timetable. This will allow for the continued smooth operation of our bus service. Did you know we currently have 21 school bus travellers?

**HAPPY FATHERS DAY**

Hoping all our wonderful Dads and Granddads have an enjoyable Fathers Day with family and friends this coming Sunday.
For several months, Craig and I have been trying to fit in a walk with the students to see the wonderful sculpture creations that magically appear down by the river. Yesterday, the first day of spring with the sun shining, provided the perfect opportunity.

The students had no idea where they were walking to or what they were going to see. When we returned the excitement of the adventure got the writing momentum going. A little help was required to create a poetic feel to their recounts of the experience, and of course the students are still keen to have their previous writing published as well.

**Literacy Writers of the Week**

**Happy**
Going on an adventure.
Talking to my friends.
Stick igloo near the water.
Twisty, strong, crazy.
By Jaxon Kurzman

**Outside**
Standing outside, then walking on the track to my house.
Will we visit?
No.
Onto the track, past my secret cubby.
A cottage made of sticks, small and twisty.
I went inside.
Amazing!
By Julian Tung

**Go**
Want to go so I can get back.
School is fun, better than walking.
Walking is boring.
Got to the river.
A special house made of sticks.
Everyone went in.
I’d never seen anything like it.
By Elise Sgro

**Bush Kinder**
I was the muddiest person there!
Today, at bush kinder, Matilda, William S and I were playing in the mud. Matilda and I were digging the hole that we made bigger and bigger.
My friends and I got really; really muddy and I got mud in my boots.

By Bryanna Crabbe

---

**Miss Mac**
Junior Room teacher

**Helping Hands**

Jarrah for pumping up the footballs for the Sporting Schools Program.
Elise for helping put the chairs up in the Junior Room. (Two weeks in a row!)
Poetry Champs
Last Wednesday Forrest PS grades 3-6 students had their poetry assessed by 3 judges for the Annual Red Rock Poetry Competition. Our class is very proud to have won the ‘Best Performing School Overall’. Britt Coulter won a special award for best poem overall. This category was created especially for Britt because of the outstanding quality of her poem, ‘The Drawing Ark.’ (see below)

In the Grades 5 & 6 competition, Jarrah Ashton won 1st place with ‘Community’, Kai Broomfield 2nd Place with ‘Cerebral Palsy’ and Elkin Wittenberg 3rd place with ‘Life on Earth.’ In the Grades 3&4 Competition 1st place was shared equally by Indigo Ashton, with ‘A Day’ and Joe Broomfield with ‘Sadness.’ All of the poems submitted were high quality, and all Forrest 3-6 students ought to be congratulated for their efforts. A special thanks to one of the judges, Harry Reed, who visited our school to announce the winners and award the trophy, medallions and prizes. All student entries will be on display in the Senior classroom next week for you to see.

The Drawing Ark
A flower blossoms in my heart,  
The silky petals grow  
Moist with love, it spreads my art  
From me to paper, high and low  
The pencil slowly makes its mark,  
The paper starts to glow  
Ticks and dashes, lines and sparks  
Makes the mind train go  
All aboard the drawing ark,  
Moves through dirt, water and snow  
I shut the book, stop the cart  
Because the drawing ark,  
Will wait for me,  
On the edge of tomorrow  

Britt Coulter Yr6

Delightful Art
Enjoying more David Digapony’s wonderful Ephemeral Art on the West Barwon River on a beautiful Tuesday morning.

Afterwards children wrote inspired poetry to be published next week.

Enjoying the Harvest
Last week our class harvested kale, cauliflower, broccoli, leek, coriander and parsley from our garden. We added some organic onion and carrots, brown rice, and a range of delightful flavours to make fried rice! The children enjoyed every part of the process as did the adults. Time to get ready for spring planting!!
Last week in the Junior Room we worked in the Elaborate phase of our Science Inquiry unit Push-Pull. The students developed a group investigation planner to see the effects of changing the wing length of a Rotocopter. We found out that the shorter the wing length, the faster it fell to the ground because there was less paper for the air to push up on. There was excellent discussion about how this relates to real life, and lots of learning from our failures that led to new ways of thinking. Here are just a couple of work samples to share with you.

SUPER SCIENCE FACT
The human brain takes in 11 million bits of information every second but is aware of only 40.
Spring has finally arrived with a lovely day yesterday. Hopefully you had a chance to spend some time outside in the sunshine.

Last week the Senior class was cooking outside and invited us to share some fried rice with them. It tasted delicious, and in spite of it still being winter, many of the ingredients came from the school garden. Before we sat down and ate with the Seniors, the Pre-Schoolers went for a walk to the back of the schoolyard. The children really enjoy that area, exploring the environment and looking at the older children’s cubbies.

Last Thursday, Kaz came and helped us do tie-dyeing. Each child received their own cotton bag to use. We then used marbles and rubber bands to make different patterns. The bags had to soak in colour for a couple hours before they were ready to rinse and dry. All the bags looked great and we will use them as library bags starting this week. The children will be able to borrow and take home books from the school library every week. Hopefully you have time to read the books and then return them the next week. To enjoy books, and to be read to, are both very important for language development and understanding. If you are not already doing so, please read at least one bedtime story to your child each night. Thanks Kaz for coming up with the idea and also helping with the tie-dyeing.

We had a busy Thursday, with another group of five Junior children coming over as well. We repeated the same activity as last week, which they all enjoyed.

I understand that it’s hard to get the time to look at the noticeboard during drop off/pick up time, so I will send the children’s scrapbooks home for viewing. The child who gets the Show and Tell bag will also take their scrapbook home. I’m sure your child would love to look at it together with you. Please send the scrapbook back to the Pre-school in the Show and Tell bag when you’ve had a look.

**HAPPY FATHER’S DAY TO ALL DAD’S ON SUNDAY**

Lena Collopy
Pre-school Teacher

**Dates to remember**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fri 4/9</td>
<td>Committee Meeting (new date.)</td>
</tr>
<tr>
<td>Sun 6/9</td>
<td>Fathers Day</td>
</tr>
<tr>
<td>Fri 18/9</td>
<td>Last day of Term III</td>
</tr>
</tbody>
</table>

**JUNIOR ROOM:** This week’s student of the week goes to Julian Tung. Julian has made an outstanding effort to focus on his schoolwork and homework. He is quick to offer help to others and his positive attitude is greatly appreciated.

**SENIOR ROOM:** Raphael Gilli—For his insightful contributions to our class discussions on wellbeing. Raph was able to help us develop a better shared understanding of ‘Acceptance’
## Childcare and Awesome Afters (OSHC)

**For Child Care or After School Care bookings please call:**

**Caralyn**

**0412 953 366**

### Sporting Schools:

There will not be a badminton session on Tuesday 8th September. Badminton will resume on Tuesday 15th September, the last session for the term.

### Expressions of Interest—School Holiday Care

Any parent interested in child care for the upcoming school holiday period (21st Sept—2nd Oct) Please express your interest to either Caralyn or Darryl as soon as possible.

### Timetable

<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
<tbody>
<tr>
<td>9:00-10:30</td>
<td><strong>Childcare</strong></td>
<td><strong>Childcare</strong></td>
<td><strong>Childcare and Pre-School</strong></td>
<td>Pre-School (3 and 4 year olds)</td>
<td>Pre-School (3 and 4 year olds)</td>
</tr>
<tr>
<td></td>
<td>Outside play and activities *</td>
<td>Outside play and activities *</td>
<td>Outside play and activities*</td>
<td></td>
<td></td>
</tr>
<tr>
<td>10:30-11:00</td>
<td><strong>Snack and Chat</strong></td>
<td><strong>Snack and Chat</strong></td>
<td><strong>Snack and Chat</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>11:00-11:30</td>
<td><strong>Interactive play with school children</strong></td>
<td><strong>Interactive play with school children</strong></td>
<td><strong>Interactive play with school children</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>12:30-1:00</td>
<td><strong>Lunchtime</strong></td>
<td><strong>Lunchtime</strong></td>
<td><strong>Lunchtime</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1:00-2:00</td>
<td><strong>QUIET TIME/Activities</strong></td>
<td><strong>QUIET TIME/Activities</strong></td>
<td><strong>FREE TIME Inside</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2:00-3:30</td>
<td><strong>Fine Motor</strong></td>
<td><strong>Gross Motor</strong></td>
<td><strong>Imagination</strong></td>
<td><strong>Childcare Sound and Movement</strong></td>
<td><strong>Childcare Visual Arts</strong></td>
</tr>
<tr>
<td></td>
<td>Play-dough, felt picture play, puzzles, threading beads, cutting and pasting, small building blocks</td>
<td>Sand-pit, play equipment, cubby house, ball games, large building blocks, equipment from the shed</td>
<td>Home corner, puppet theatre, dress-ups, cubby huts, drama, story acting</td>
<td>Yoga, dance, action songs, music, instruments</td>
<td>Craft, colleague painting, colouring in activities</td>
</tr>
<tr>
<td>3:30-4:00</td>
<td><strong>O.S.H.C. and Childcare</strong></td>
<td><strong>O.S.H.C. and Childcare</strong></td>
<td><strong>O.S.H.C. and Childcare</strong></td>
<td><strong>O.S.H.C. and Childcare</strong></td>
<td><strong>O.S.H.C. and Childcare</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Healthy Snack</strong></td>
<td><strong>Healthy Snack</strong></td>
<td><strong>Healthy Snack</strong></td>
<td><strong>Healthy Snack</strong></td>
<td><strong>Healthy Snack</strong></td>
</tr>
<tr>
<td></td>
<td><strong>Sporting Schools</strong></td>
<td><strong>Sporting Schools</strong></td>
<td><strong>Sporting Schools</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4:00-5:00</td>
<td><strong>FLOOR TIME ACTIVITIES</strong></td>
<td><strong>ART ROOM ACTIVITIES</strong></td>
<td><strong>COOKING</strong></td>
<td><strong>FLOOR TIME ACTIVITIES</strong></td>
<td><strong>ART ROOM ACTIVITIES</strong></td>
</tr>
<tr>
<td>5:00-6:00</td>
<td><strong>Weekend storytelling</strong></td>
<td><strong>Outside play</strong></td>
<td><strong>Sing-a-long songs and dance</strong></td>
<td><strong>Outside Play</strong></td>
<td><strong>Relaxation: reading and quiet games</strong></td>
</tr>
</tbody>
</table>

*Outside Activities will be held providing weather is suitable*
**Fundraising News**

The Woolworths Earn and Learn campaign is nearly concluded—Please collect any stickers you may have and send them to the school for sticking to the collection sheets or return any completed sheets you may have to the School Office. Thanks to all the kids who have helped stick stickers onto sheets so far!

---

**OTHER ANNOUNCEMENTS**

**SURF COAST CENTURY**

**KIDS RUN**

5PM, FRIDAY 18 SEPTEMBER 2015
ANGLESEA RIVERBANK PARK

Kids will love running this 1.9km loop around the Anglesea River, finishing in the official finish chute of the Surf Coast Century 100km event.

- FOR KIDS AGED UP TO 13 YRS
- $5 ENTRY, INCLUDES RACE PLATE, STICKER AND FRUIT AT THE FINISH
- PAY ON THE DAY AT REGISTRATION

WWW.SURFCOASTCENTURY.COM.AU

---

**FORREST & DISTRICT NEIGHBOURHOOD HOUSE PROGRAM SEPT 2015**

**REGULAR ACTIVITIES AT THE FORREST HALL** (unless indicated otherwise)

- **FIRST MONDAY EACH MONTH (EM)**
  - Bingo 1-3pm. $5 Afternoon Tea Inc.
- **TUESDAY COS** Fitness Class 11am $3
- **WEDNESDAY Tai Chi 6.30-8pm**
  - Hoy (Card Game) 1.30-3.30pm $5
  - 2nd Wed EM Afternoon Tea Inc.
- **THURSDAY**
  - Gentle Exercise & 10-11am.
  - Mind Games 11am-12noon. $2
  - Community Lunch 12.30-2pm $6
- **FRIDAY (School Term)**
  - Diploma/Cert IV Visual Arts 10am-5pm
  - Youth Group 5.30-7.30pm. 1st Friday EM
- **LAST SUNDAY EM** Pizza & Jam 3-6pm.

**COMING UP**

- MEDITATION WORKSHOP
  - SAT 12 SEPT 10-3
- WEAVING WORKSHOPS
  - BUSH TOYS SAT 20 SEPT 10-3
  - RANDOM WEAVE FRI 16 OCT 12-5

**FREE WIFI DURING OFFICE HOURS**

---

For info & Bookings T: 5236 6591 E: forrest.nh@gmail.com Office Hours: Mon10-5pm & Thur10-6pm

---

Term 4 is nearly upon us—time to start thinking of being SunSmart and bringing hats to school. If needed, hats are available for purchase from the School Office for $10.
Public Transport Victoria (PTV) is currently in the process of developing a Network Development Plan for public transport in regional Victoria. This is a long term plan which is aiming to take in to account the differing needs of individual communities within regional Victoria to deliver a network where train and bus services work together to get people where they need to go.

The Regional Network Development Plan will be built from your ideas about what your local community needs from public transport.

In order to develop a plan which best reflects the needs of our community, we strongly encourage you to make as submission on the plan seeking for additional train and public transport services through Colac and the region, either by attending the community session being held in Colac on Wednesday 9 September at the Colac Community Library, 173 Queen Street, Colac commencing at 5pm, submitting a survey or contributing to a discussion forum online or by completing a hardcopy survey available from all V Line stations.

If you have any enquiries concerning this matter please contact Ingrid Bishop, General Manager Infrastructure & Leisure Services, on 5232-9400.
OTHER ANNOUNCEMENTS

FORREST
Meditation
WORKSHOP

Saturday 12th September 2015
10am-3pm

"Between stimulus and response there is a space. In that space is our power to choose our response. In our response lies our growth and freedom."
-Victor E. Frankl

Come and explore both the theory and application of meditation practices for improved health, personal reflection and creative application in daily life.
Cost: $40, light lunch provided
Tutor - Suzanne Frydman, Relax Communications

at The Forrest Neighbourhood House
Forrest Public Hall - 14 Grant Street Forrest
Bookings & information call Gillian on 5236 6591

Walk to School
October 2015

Sign up at
walktoschool.vic.gov.au

DEANS MARSH MARKETS
‘BEST OF THE OTWAYS’...
CALL FOR STALL HOLDERS...

DATES: SEPTEMBER 27TH AND NOVEMBER 29TH 2015

Do you make, bake or create... locally?
The Deans Marsh Market is intent on promoting the Otway area & beyond.
If you’re a locavore, 100 mile (nearabouts) & want to showcase your produce or talent, then join us on September 27th & November 29th 2015.
Emerging stallholders will be supported & fostered with reduced rates.
If you are keen to be involved you can make contact with The Cottage.

Email: cottage@deansmarsh.org.au
Website: www.deansmarsh.org.au
Phone: 5236 3388
Mobile: 0428 604 206 (Rich Hamilton)

Deans Marsh Markets,
The Otway Makers, Creators & Producers.....
Forrest Primary School Junior School Council will be holding a Cupcake event at the Forrest Neighbourhood House, and invite you to come along!

When: Thursday 10th September, between 10am and 11am.